## How to Help A Loved One Get Treatment

# What Can I Do to Help? If you have a loved one struggling with substance abuse and don't know how to help, here are some things that you can do to help them on their journey to recovery. Encourage them to seek help Advocate for their needs and rights Find and share treatment options Visit them in rehab and participate in family activities Assist them in preparing for and getting to treatment Help them stick to their aftercare plan

### **How Does the Admissions Process Work?**

Your loved one's recovery is important to us, and we're to help them get treatment. When they are ready to start, follow these 3 easy steps to begin the process.



### Give us a Call

When you call to get help for a loved one, an admissions navigator is ready to help you understand all the options.



# Provide a Few Details

We will ask some questions about your loved one's drug history, mental state, and health and also verify insurance information.



# Get Your Loved One to Treatment

Once your loved one arrives at the facility, we'll take them through a final screening, help get them settled, and begin treatment.

For more information and to instantly check insurance coverage,

visit https://sunrisehouse.com/addiction-treatment-new-jersey/admissions/.

Call 973-315-6390 to speak with someone today.